

TOMMY KONO OPEN - V

AUGUST 7, 2010

ENTRY FORM

Please complete this form and return it with your Entry Fee:

\$45.00 Seniors or Masters

\$20.00 Juniors

(Make Check Payable To:) Dave Swanson
PO Box 693
Lincoln, CA 95648

I agree by signing this form for the Tommy Kono Open - IV (USAW/PWA #38-10-09), that I will abide by all of the rules of USA Weightlifting (USAW) and the Pacific Weightlifting Association (PWA). I will not hold responsible USAW, the PWA, the Officials and Organizers of this event or Sacramento High School for any injuries that may happen to me while competing in, or while traveling to and from this event.

I (and my parent or guardian if I am a minor) agree to be filmed and photographed at the venue, to include the use of my name, biographical information, interviews, photographs, portrait and motion pictures and television recordings of my weightlifting performance and grant to the Organizers the right to record and make use of the same, and to authorize others to do so in promoting the competition and the success of the weightlifting team on which I compete, to promote the sport of Weightlifting, and to fund the activities of the Sacramento High School Weightlifting Team and the PWA.

SIGNATURE _____ DATE _____

PARENT SIGNATURE (IF UNDER 18) _____

PLEASE PRINT THE FOLLOWING VERY CLEARLY:

NAME _____

PHONE # (____) _____

ADDRESS _____ CITY _____ ZIP _____

EMAIL ADDRESS _____

BODYWEIGHT CLASS _____ KG YEAR OF BIRTH _____

MALE/FEMALE _____ JUNIOR? (Y/N) _____

T-SHIRT SIZE _____

CURRENT USAW CARD NUMBER _____ EXPIRATION DATE _____

USAW CLUB _____

EMAIL ADDRESS _____

ENTRY MUST BE POSTMARKED BY AUGUST 4, 2010. NO LATE ENTRIES WILL BE ACCEPTED.
KONO 5 WILL BE CAPPED AT 75 LIFTERS.

Any questions may be directed to [Dave Swanson](mailto:dave@swanson.com) (916) 768-9616